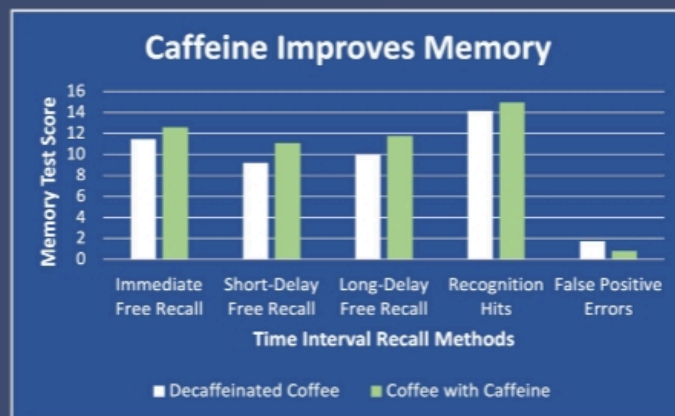


Debunking Negativity on Caffeine

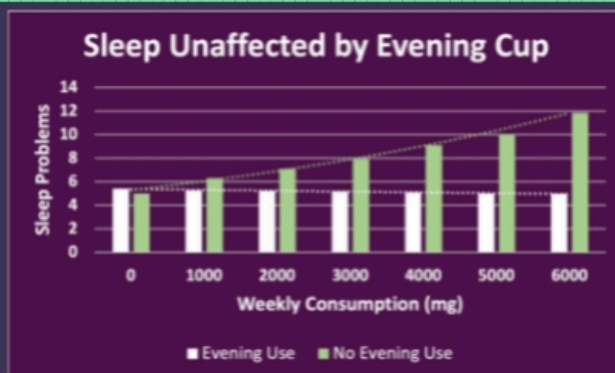
By: Tyler Phelps -
tinyurl.com/rzfybju

Effects of Caffeine on Memory

Caffeine consumption correlated to better memory recall



Is an evening cup harmful to sleep?



Coffee at night has no correlation with increased sleep problems

References

<https://tinyurl.com/r49kcuuz>

<https://tinyurl.com/2bhmcnzh>

